OUT RIVAL TORQUAY HOTEL BASIL AND MANUEL CHECK



REGULAR sex can cut blood pressure as effectively as medicines, a study claims.

effectively as medicines, a study claims. Having an orgasm slashed volunteers' read-ings by up to 13 per cent the next day. And the drop proved equal to taking a water pill – a standard treatment. The US scientists also reported: "The more pleasurable the orgasm, the lower the readings on the day after intercourse." They believe sex works hormone oxytocin that can reduce stress. But the Georgia State University team warned

115mmHg at the start of

University team warned that masturbation did not libmmHg at the start of the tests. After sex it fell by up to 17mmHg. Participants spent 13 minutes having sex, burning 190 calories. The British Heart have the same effect. The study in journal Sexual Medicine saw volunteers have sex while

wearing a heart monitor.

wearing a heart monitor. The billing 150 calories. They were also quizzed about orgasm intensity, rating it from 66 to 106, with an average of 87. The bonkers had an average systolic blood of blood pressure alter having sex foundation's Jer-emy Pearson said: "Inactivity raises risk of heart disease and contributes to one pressure alter having sex blood Britist heart Foundation's Jer-emy Pearson said: "Inactivity raises risk of heart disease and contributes to one blood Britist take blood pressure differ Britist heart foundation's Jer-emy Pearson said: "Inactivity Some 12million Britis take blood

having sex of Some 12million Brits take blood pressure drugs. pressure

PARKING THUG

A THUG kicked a traffic warden's teeth out over a \$35 ticket for parking in a disabled bay. Grant Saville, 27, punched Daniel Fairclough to the floor then booted him in the face. Mr Fairclough was knocked unconscious and lost three teeth. Saville, of Stoke-on-Trent admitted ABH at the city's crown court and was jailed for 20 months. Judge Paul Glenn told Saville he behaved like a "maniac and animal" not "a normal human being".



It's the rodent to ruin

IS ratatouille on the menu at The 25? Well, this time rat something seems to have been cooked up

host Andy serves star guests breakfast. Let's hope it's not Manuel's treasured pet rat named, er, Basil.



The thrash metal fan

THE B&B has ample parking... it's just a shame Basil's car is more faulty than he is. Luckily he has the

technical knowledge to get it started – with a damn good thrashing. After stick from Sybil, he's glad to pass it on.



MOOSE HEAD-LINES

stages another Fawlty scene

FAWL GUYS . . . classic sitcom's cast

FOR world-beating Torquay B&B The 25, first came the global razzle dazzle - and now comes

a blitz from Basil Fawlty. After its international victory in TripAdvisor's Travellers' Choice awards, which The Sun revealed this week, we decided to send in our very own hotel inspectors – aka Basil and Manuel lookalikes Edmond Wells and

Eddie Portsmouth - to see what all Obviously we'd like to think that the Eddie Portsmouth – to see what all the fuss is about. The five-star boutique guest house, a stone's throw from the hotel that originally inspired classic sitcom Fawlty Towers, is owned and run by Andy and Julian Banner-Price, who have enjoyed the comparisons with John Cleese's classic BBC comedy. Julian, 45, said: "It's ingrained in the British consciousness, so it's been fun to be linked to that. How the start of the second second





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HEIL DO IT ... our Basil tries the John Cleese walk

Hotel guestapo

WHILE there's a TV in every room, there's no live unless

you count Basil's goose-stepping act – a favourite of Continental guests

AMA



ΤΥ ΤΙΝΔ BULGER **Court for Malone**

TV STAR Tina Malone is being hauled into court for retweeting a picture a year ago said to be of one of James Bulger's killers.

The Shameless actress received a summons for alleged contempt of court. Malone is accused of breaching an order protecting Jon Venables' new iden-

Jon Venables new iden-tity. She wrote on Face-book: "I need a lawyer asap!!!! Iv been commit-ted to the high court!!! Im serious!!! Becoz i ret-weeted something!!" James, two, was abduc-ted by ten-year-olds Malone's posts were made after Venables, 36, was jailed for possessing

MARC

ed by Venables ten-year-olds and Robert Thompson in Bootle, Mer-seyside, in 1993. They molested and killed him before

leaving his body to be hit by a train. Both were released after eight years and given new names. An injunction bans the publishing of pics Panic ... Malone

was jailed for possessing child sex abuse images.

Mer-the star, Mini Maguire in C4's Shameless, said at the time: "I didn't have a clue it was illegal. What are you going to do – prosecute me for posting a picture?" A date for the High Court case will be set later.

RESP.

'DOG' KILLED THREE people including a boy died in a pile-up after

a car stopped for a stricken animal, an inquest heard. Laura Hopes, 32, slammed into a Land Rover which had slowed, killing her and son Alfie, six. The Land Rover then fatally hit Tony Woodman, 53. He had got out to help what he thought was a dog but was actually a badger near Tideford, Cornwall, in July 2015. Truro inquest verdict: road traffic collision.

